

End of EYFS Outcomes

Me & My Relationships	Valuing Difference	Keeping Myself Safe	Rights & Responsibilities	Being my Best	Growing & Changing
Talk about similarities and differences	Be sensitive towards others and celebrate what makes each person unique	Talk about how to keep their bodies healthy and safe	Understand that they can make a difference	Feel resilient and confident in their learning	Understand that there are changes in nature and humans
Name special people in their lives	Recognise that we can have things in common with others	Name ways to stay safe around medicines	Identify how they can care for their home, school and special people	Name and discuss different types of feelings and emotions	Name the different stages in childhood and growing up
Describe different feelings	Use speaking and listening skills to learn about the lives of other peers	Know how to stay safe in their home, classroom and outside	Talk about how they can make an impact on the natural world	Learn and use strategies or skills in approaching challenges	Understand that babies are made by a man and a woman
Identify who can help if they are sad, worried or scared	Know the importance of showing care and kindness towards others	Know age-appropriate ways to stay safe online	Talk about similarities and differences between themselves	Understand that they can make healthy choices	Use the correct vocabulary when naming the different parts of the body
Identify ways to help others or themselves if they are sad or worried	Demonstrate skills in building friendships and cooperation	Name adults in their lives and those in their community who keep them safe	Demonstrate building relationships with friends	Name and recognise how healthy choices can keep us well	Know how to keep themselves safe

End of Key Stage One outcomes

Me & My Relationships	Valuing Difference	Keeping Myself Safe	Rights & Responsibilities	Being my Best	Growing & Changing
Recognise that people have different ways of expressing their feelings	Identify differences and similarities between others	Explain simple issues of safety and responsibility about medicines and their use	To identify strategies in cooperation	Explain the stages of the learning line showing an understanding of the learning process	To give positive feedback to someone
Identify different ways to respond to the feelings of others	Recognise and explain how a person's behaviour can affect other people	Identify situations in which they would feel safe or unsafe	To identify strategies in self-regulation	To understand the importance of good hand and dental hygiene	To recognise the range of feelings associated with loss and to discuss things people can do to feel better
Recognise the differences between bullying, unkind behaviour or teasing	Learn and use different ways to show good listening	Recognise that body language and facial expression can give clues as to how comfortable and safe someone feel in a situation	To name ways to stay safe when using the internet	To recognise what the body needs to have energy and stay well	To identify the different stages of growth and what people are able to do at these different stages
Learn strategies to deal with unkind behaviour, conflict and where to get help if they are upset	Explain how it feels to be part of a group and left out of a group	Identify safe secrets and unsafe secrets and recognise the importance of telling someone they trust about a secret	To recognise that they have a responsibility to help care for their immediate and broader environment	To identify parts of the body that process food and create energy	To identify the human private parts and explain that they are used to make a baby

Recognise a healthy friendship and its qualities	Recognise and talk about acts of kindness and how they can impact others	Identify inappropriate touch, how it can make someone feel and that people don't like the same types of touch	To learn about saving and spending money		To explain who can see someone's private part, what consent means and how to protect privacy
--	--	---	--	--	--

End of Key Stage Two Outcomes

Me & My Relationships	Valuing Difference	Keeping Myself Safe	Rights & Responsibilities	Being my Best	Growing & Changing
Recognise some of the challenges that arise from friendships and suggest strategies for dealing with such challenges	Recognise that bullying and discriminatory behaviour can result from disrespect of people's differences	Explore the risks and legality of communicating and sharing online	To analyse and reflect on bias in the media	To consider how healthy wellbeing and mental health can contribute to a person's aspirations and success	To identify types of emotional responses and some strategies for coping with change
Practice and use strategies in compromise and negotiation within collaborative tasks	Know that all people are unique but that we have far more in common with each other than what is different about us	Describe and explain how easily images can be spread online	To discuss methods of saving and considerations for spending money	To define aspirations and goals	To identify the physical and emotional challenges faced during puberty and the strategies or support available for this
Consider the types of touch that are safe, legal and that they are comfortable with	Understand and explain the term prejudice	Explain some of the laws, categories and uses of drugs (both medicinal	To discuss voluntary and pressure groups and their role in making changes to our	To recognise that we will meet challenges on the way to achieving our goals	To understand that social media and fame don't always reflect true appearance. To

		and non-medical)	communities and environments		give positive feedback that is based on a person's qualities
Name assertive behaviours and recognise peer influence or pressured behaviour	Define what is meant by the term stereotype	Understand the definition of an emotional need and how they can be met	To identify or suggest ways that help the environment	To understand and explain the outcomes of risk-taking in a given situation, including emotional risks	To identify the risks of sharing images online and understand how online influences can cause people to take unsafe risks
Be aware of the variety in behaviour which is dependent on group dynamic, peer pressure, emotional needs and circumstance	Describe different types of friendships and relationships and their differing positive qualities	Explore and understand the terms 'conflicting emotions', responsibility and independence	To define 'democracy' and explain how laws are made	To understand risks related to growing up and explain the need to be aware of these	To identify places or people of support and understand that sometimes confidentiality must be broken to keep a person safe